47th Great Labrador Loppet

RioTinto IOC

March 26th, 2022

PALairlines PROVINCIAL AIRLINES

Menihek Nordic Ski Club

Pizza Delight SCORES Chicken & Ribs PH (709) 944 - 7773

Organizing Committee:

Chair: Melissa Winsor
Event Secretary: Pat Moran/Donna Mitchell
Chief of Competition: Gerry Rideout
Chief of Timing: Doug Yetman
Chief of Course: Alf Parsons
Chief of Communications: Ray Drake
Chief of Safety: Craig Porter
Social & Volunteers: Beatrice Rideout & Rhonda Lawrence

Eligibility and Licenses:

All competitors must be register at Zone4.ca to participate in the 47th Annual Great Labrador Loppet.

Waivers:

All participants will automatically sign a digital waiver for COVID restrictions and Nordiq Canada when registering online for the event. **Participants will not be permitted to ski or snowshoe without signing the waivers.**

Entry Fees and Registration Deadline:

Youth Events (under 19 years of age)

- 2.5 km Children's/Chaperone Ski/Snowshoe - $10/participant
- 5 km Children's/Chaperone Ski/Snowshoe - $10/participant
- 10 km Youth Under 19 years of age Ski/Snowshoe - $10/participant
- **Youth under 19 years of age in categories above are eligible for the 1 pm White Wolf Presentations and Draw.**

Adult Events

- Adult (19 years plus) Ski/Snowshoe - $10/participant
- 20 km Ski - $20/participant
- 40 km Ski - $40/participant
- **Participants (16 years plus) in 10km/20km/40km events are eligible for the Draws at the Banquet.**

Last day for Registration is March 25th, 2022 @ 2:00 pm.

All entry fees include food and refreshments during Loppet and Youth Presentations as well as bus transportation to Duley Park for participants in the 10 km ski/snowshoe.

Banquet for 10 km/20 km/40 km adult participants ($50/person) & Adult Award Presentations as well as Draws held on Saturday Night at Smokey Mountain Ski Club. Banquet tickets can purchased during on-line registration at zone4.ca before 5 pm on March 23rd, 2022.

Event Schedule:

- Disposable bibs and timing chips can be picked up March 25th, 2022 from 5 to 7 pm during the FREE Pasta Dinner.
- Buses leave Walmart Parking Lot (next to soccer fields) at 9:45 am sharp for the 10 km ski/snowshoe start at Duley Park. **Arrive between 9:15 am and 9:30 am to load ski/snowshoe equipment into trucks and board buses. No skis on buses.**
- 10 km Loppet ski/snowshoe event starts at 10:30 am for participants.
- NEW! **20 km & 40 km Loppet events start at 9:00 am at Tanya Lake for participants. 20 km skiers will ski to Duley Park and return on the same trail to finish at White Wolf Snowmobile Club. 40 km skiers will also start on Tanya Lake and ski to Duley Park and return on the same trail. This course**

will be done twice (turn around point is just before the crossover point on Circular Road) before finishing at White Wolf Snowmobile Club.

- 2.5 km/5 km Children's ski/snowshoe events begin at 11am from White Wolf Snowmobile Club for child participants and chaperones.
- Children's Presentations (2.5km/5km/10km for those youth under 19 years) take place at 1 pm inside the White Wolf Snowmobile Club (or outside depending on COVID restrictions in place).
- Adult Banquet takes place at Smokey Mountain Ski Club at 7pm. Dinner is served at 7:30 pm. Tickets can be purchased at the time of registration on-line.

Disposable Bibs and Timing Chips for all groups shall be picked up March 25th from 5 to 7 pm at MNSC.

- Registrants are to pick up their disposable bibs and timing chips on Friday, March 25th between 5 to 7:00 pm at Menihek Nordic Ski Club.
- If you are not available to pick up your disposable bib and timing chip during this time, please have a family member or friend do it for you. **Disposable bibs and timing chips will not be available for pick up on Loppet day.**
- Make sure your disposable bib and timing chip number match to avoid confusion on race day.
- Always wear your disposable bib on the front of your outside clothing layer.
- On Loppet day, we will have a container for you to throw the disposable bins in and a separate container for your timing chip.
- **Ski & Snowshoe Equipment is available to rent until 8 pm on Friday, March 25th.** It is given out on a first come/first serve basis. Rental equipment rates apply. **Rental equipment must be returned from 1 to 4 pm on Sunday, March 27th.** Late fees and replacement costs for any damaged rental equipment will be applied.
- Bring snacks, hydration drinks and hand/toe warmers.
- **Dress for the weather.**

How to Enter:

Registration is now open on-line through Zone4.ca. The Zone4.ca system provides the opportunity for participants to confirm that their entry has been received. Please note, Zone4.ca only supports VISA and MasterCard. Payment must be made at the time of registration. **50/50 tickets are available when you register and will be drawn live on Loppet day.** If you wish to register in person, please visit us at the chalet to register before 1 pm on March 25th, 2022. **Banquet tickets will also be available when registering on-line before 5 pm on Wednesday, March 23rd**.

Transportation:

Participants in the 10km ski/snowshoe event are bused from the Walmart parking lot (on the soccer field side) and can leave their vehicles there. 20km/40km participants can leave their vehicles at the Tanya Lake parking lot (where the old Scout Hall use to be). Participants in the 2.5km/5km ski event can leave their vehicles at White Wolf Snowmobile Club. To avoid parking problems and traffic jams, we advise people to leave vehicles at home and be dropped off at your event start point if possible.

Waxing Facilities:

A waxing hut with electrical outlets is available.

Accommodations:

Labrador City has a variety of accommodations available. For any booking concerns, please contact Beatrice Rideout at menihek@crrstv.net. Click on the button to link with accommodation website.

THE TWO SEASONS INN

Sir Wilfred Grenfell Hotel
www.WabushHotel.com

Northern Inn & Suites
700 Nicholas-Adams Hwy
Labrador City, NL
(709) 944-2425

Trish's Place
766 Stirling Crescent
Labrador City, NL
(709) 944-6003

DEXTER INN & SUITES

Car Rentals:

National Car Rental

AVIS

Additional Information:

Course maps, detailed schedules, weather updates and additional event information will be available at Menihek Nordic Ski Club Facebook page or www.meniheknordicski.ca.

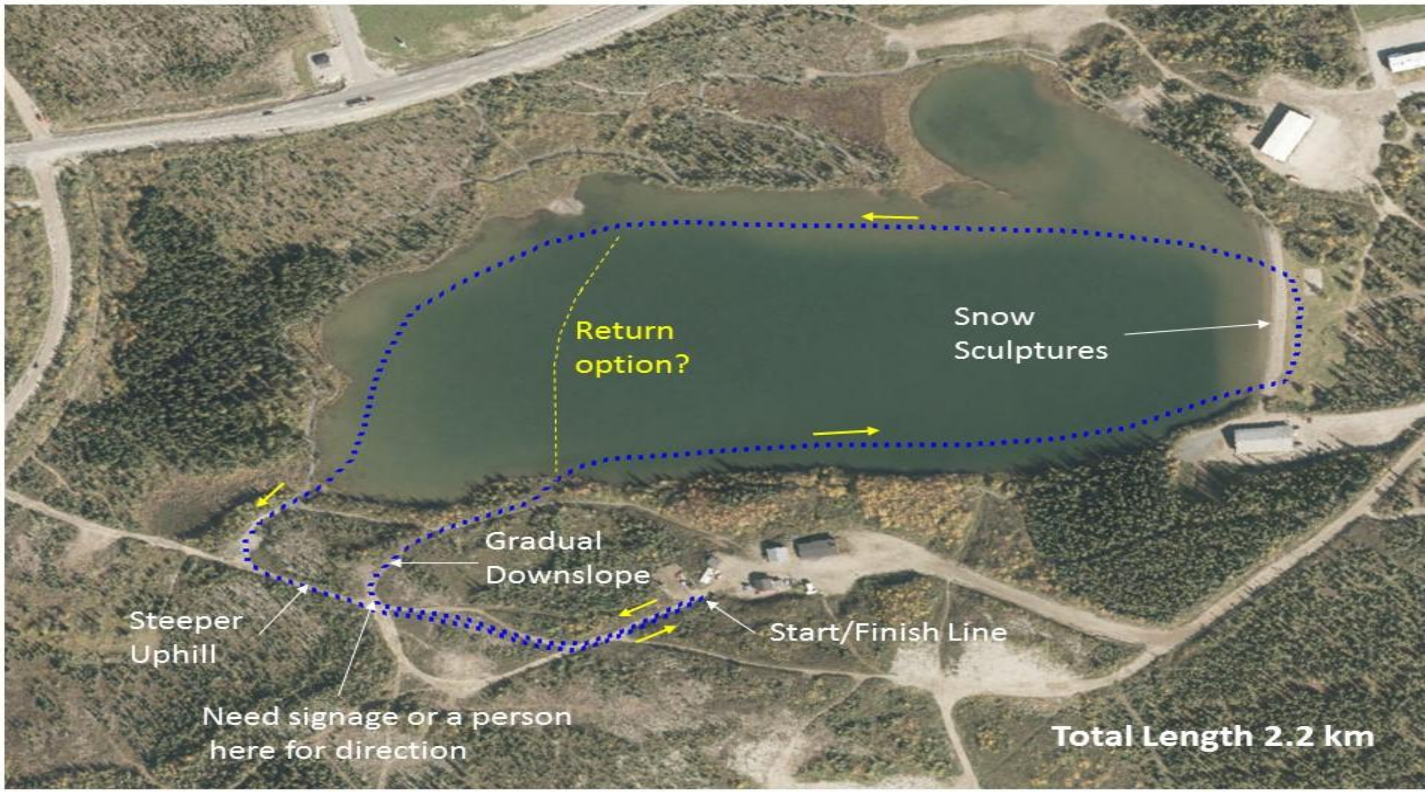
Event Courses:

- **40 km ski (twice) from start at Tanya Lake to Duley Park with turn around point before crossover at Circular Road before finishing at White Wolf Snowmobile Club.**
- **20 km ski (once) from start at Tanya Lake to Duley Park and returning to finish at White Wolf Snowmobile Club.**

- **10 km ski/snowshoe (once) from start at Duley Park and finishing at White Wolf Snowmobile Club.**

- **2.5 km Children's/Adult ski starts at White Wolf Snowmobile Club, goes once around Tanya Lake before finishing at White Wolf Snowmobile Club.**

- **5 km Children's/Adult ski starts at White Wolf Snowmobile Club, goes twice around Tanya Lake before finishing at White Wolf Snowmobile Club.**



Menihek Nordic Ski Club Thanks Our Sponsors 2022

Menihek Nordic Ski Club

RioTinto

IOC

Pizza Delight

Scores Chicken & Ribs

PH (709) 944 - 7773

PALairlines

PROVINCIAL AIRLINES

PENCAL INDUSTRIAL LTD.

MINERAI DE FER QUÉBEC

LABRADORCITY

BIRD

ArcelorMittal

RMS

CAPSTONE

Creating value together

FORACO

GROUPE · GROUP

CASTECH

PLESSITECH

ScotiaBlast

DRILLING & BLASTING

INDUSTRIAL TECH SERVICE

TACORA

RESOURCES

marshall

50th Anniversary

CAROL AUTO LTD.

LABRADOR CITY, LABRADOR

HARRIS & ROOME

SUPPLY LIMITED

Miller & Hearn

Law Firm

Labrador West

Leon's

Tim Hortons

TWO SEASONS INN