The 48th Great Labrador Loppet

A 2023 Labrador West Winter Carnival Event

RioTinto IOC **March 25th, 2023** PALairlines PROVINCIAL AIRLINES

Make Memories With Us!

Menihek Nordic Ski Club

Host of the 2024
Canadian Masters
Championships

Pizza Delight SCORES Chicken & Ribs
PH (709) 944 - 7773

Organizing Committee:

Chair: Melissa Winsor
Event Secretary: Shirley Parsons
Chief of Competition: Gerry Rideout
Chief of Timing: Doug Yetman
Chief of Course: Alf Parsons
Chief of Communications: Nazaire Simon
Chief of Safety: Craig Porter
Social & Volunteers: Beatrice Rideout & Rhonda Lawrence

Eligibility and Licenses:

All competitors must be register at Zone4.ca to participate in the 48th Annual Great Labrador Loppet.

Waivers:

All participants will automatically sign a digital waiver for COVID restrictions and Nordiq Canada when registering online for the event. **Participants will not be permitted to ski or snowshoe without signing the waivers.**

Entry Fees and Registration Deadline:

Youth Events (under 19 years of age)

- 2.5 km Children's/Chaperone Ski/Snowshoe - $10/participant
- 5 km Children's/Chaperone Ski/Snowshoe - $10/participant
- 10 km Youth Under 19 years of age Ski/Snowshoe - $15/participant
- **Youth under 19 years of age in categories above are eligible for the 1 pm White Wolf Presentations and Draw.**

Adult Events

- 10 km Adult (19 years plus) Ski/Snowshoe - $15/participant
- 20 km Ski - $25/participant.
- 30 km Ski - $35/participant
- **Participants (16 years plus) in 10km/20km/30km events are eligible for the Draws at the Banquet.**

Last day for Registration is Friday, March 24th, 2023 @ 2 pm.

All entry fees include food and refreshments during Loppet and Youth Presentations as well as bus transportation to Duley Park for participants in the 10 km ski/snowshoe.

Banquet for 10 km/20 km/30 km adult participants ($45/person) & Adult Award Presentations as well as Draws held on Saturday Night at a location to be announced. Banquet tickets can be purchased during on-line registration at zone4.ca before 5 pm on Monday, March 20th, 2023.

Event Schedule:

- Disposable bibs and timing chips can be picked up Friday, March 24th, 2023 from 5 pm to 7 pm during the **FREE Pasta Dinner**.
- On Loppet Day, buses leave Walmart Parking Lot (next to soccer fields) at 9:45 am sharp for the 10 km ski/snowshoe start at Duley Park. **Arrive between 9:15 am and 9:30 am to load ski/snowshoe equipment into trucks and board buses. No skis on buses.**
- 10 km Loppet ski/snowshoe event starts at 10:30 am for participants.
- **NEW - 20 km & 30 km Loppet events start at 9:30 am at Tanya Lake for participants. 20 km skiers will ski to Duley Park and return on the same trail to finish at White Wolf Snowmobile Club. 30 km skiers will also start on Tanya Lake, ski to the NL border and return on the same trail to White Wolf Snowmobile Club.**
- 2.5 km/5 km Children's ski/snowshoe events begin at 11 am from White Wolf Snowmobile Club for child participants and chaperones.
- Children's Presentations (2.5km/5km/10km for those youth under 19 years) take place at 1 pm inside the White Wolf Snowmobile Club.
- Adult Banquet takes place at a location to still be determined at 7 pm on Saturday, March 25th. Dinner will be served at 7:30 pm. Tickets can be purchased while registering on-line before 5 pm on Monday, March 20th, 2023.

Disposable Bibs and Timing Chips for all groups shall be picked up Friday, March 24th from 5 pm to 7 pm at MNSC.

- Registrants are to pick up their disposable bibs on Friday, March 24th between 5 pm to 7:00 pm at Menihek Nordic Ski Club.
- If you are not available to pick up your disposable bib during this time, please have a family member or friend do it for you. **Disposable bibs will not be available for pick up on Loppet Day.**
- Make sure your disposable bib number matches the name on the back to avoid confusion on race day.
- Always wear your disposable bib on the front of your outside clothing layer.
- On Loppet Day, we will have a container for you to throw the disposable bins in.
- **Ski & Snowshoe Equipment is available to rent until 7:45 pm on Friday, March 24th.** It is given out on a first come/first serve basis. Rental equipment rates apply. **Rental equipment must be returned from 1 pm to 4 pm on Sunday, March 26th, 2023.** Late fees and replacement costs for any damaged rental equipment will be applied.
- Bring snacks, hydration drinks and hand/toe warmers.
- **Dress for the weather.**

How to Enter:

Registration is now open on-line through Zone4.ca. The zone4.ca system provides the opportunity for participants to confirm that their entry has been received. Please note that zone4.ca only supports VISA and MasterCard. Payment must be made at the time of registration. If you wish to register in person, please see chalet office staff before 1 pm on March 24th, 2023. **50/50 tickets and banquet tickets are available when you register on-line at zone4.ca or at the chalet office. However, the deadline to buy banquet tickets is before 5 pm on Monday, March 20th, 2023.**

Transportation:

Participants in the 10km ski/snowshoe event are bused from the Walmart parking lot (on the soccer field side) and can leave their vehicles there. 20km/30km participants can leave their vehicles at the Tanya Lake parking lot (where the old Scout Hall use to be). Participants in the 2.5km/5km ski event can leave their vehicles at White Wolf Snowmobile Club. To avoid parking problems and traffic jams, we advise people to leave vehicles at home and be dropped off at your event start point if possible.

Waxing Facilities:

A waxing hut with electrical outlets is available.

Accommodations:

Labrador City has a variety of accommodations available. The Two Seasons Inn is the official accommodation provider for the Great Labrador Loppet. For any booking concerns, please contact Beatrice Rideout at menihek@crrstv.net. Click on the button to link with accommodation website.

Northern Inn & Suites
700 Nicholas-Adams Hwy
Labrador City, NL
(709) 944-2425

Trish's Place
766 Stirling Crescent
Labrador City, NL
(709) 944-6003

The Collegiate Suites
200 Campbell Avenue
Labrador City, NL
(709) 944-5500

Car Rentals:

Additional Information:

Course maps, detailed schedules, weather updates and additional event information will be posted on Menihek Nordic Ski Club Facebook Page or https://sites.google.com/view/menihek-nordic-ski-club/home.

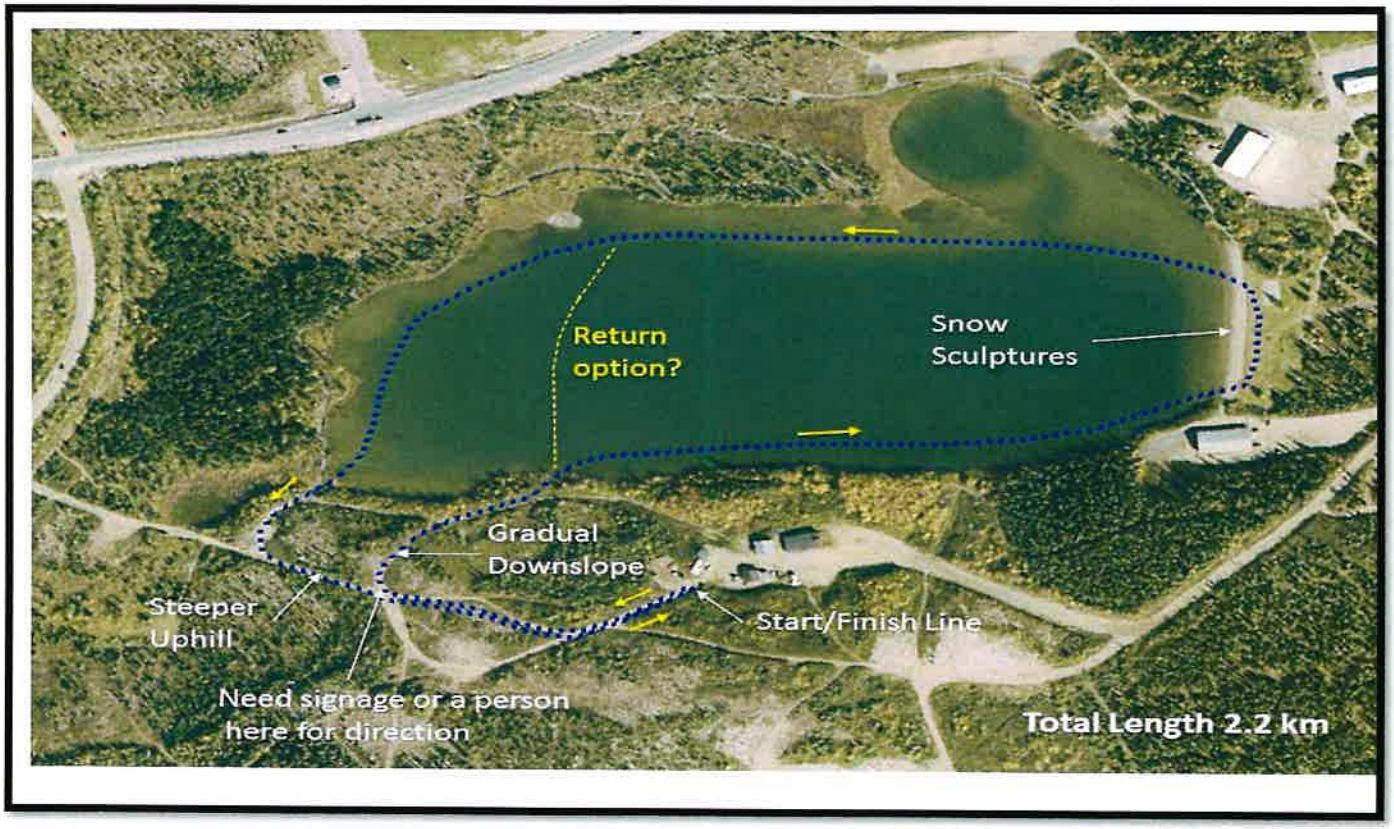
Event Courses:

- 30 km ski from start at Tanya Lake to NL border before returning to finish at White Wolf Snowmobile Club.
- 20 km ski from start at Tanya Lake to Duley Park and returning to finish at White Wolf Snowmobile Club.
- 10 km ski/snowshoe from start at Duley Park and finishing at White Wolf Snowmobile Club.

LABRADORCITY

WHITE WOLF Snowmobile Club

WABUSH



- 2.5 km Children's ski (with chaperones) starts at White Wolf Snowmobile Club, goes once around Tanya Lake before finishing at White Wolf Snowmobile Club.
- 5 km Children's ski (with chaperones) starts at White Wolf Snowmobile Club, goes twice around Tanya Lake before finishing at White Wolf Snowmobile Club.

Special thanks to these organizations who keep Loppet participants, volunteers and the public safe.

Labrador West Search & Rescue

Ham Operators of Western Labrador

Labrador West RNC Detachment

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